



In de Zen

approach, one

studies the datum.. The
datum of movement in de

boxing .. De boxing movement and so on.. One studies

de way the awareness processes it,
transforms it.. The way de datum of the

impulse to hit is **animated** out

in the form of a hit.. And so forth.. A

dynamic idea on zhi-
kan-da-zuo

en.wikipedia.org/wiki/shikantaza .

In addition to usual practice.. A good idea is
to take time to ease.. Study the form of the
form of the art itself.. As described.. In a
dynamic easy observer state.. Aware of the
dhatuz(Sanskrit) datums/data that arises in
the awareness.. Different from a simple
analysis given the Zen state involved and the
dynamic observer awareness involved and
the study is of the datums given to the
awrness by the universe phenomenon.. and
a form of study which does not form narrow
definitionz.. The very akt of engaging the

dhatuz in observation amplifiez the ability to engage it.. Just asde vizualization of driving extremely well.. Improvez de ability in driving extremely well.

The in fakt awarenezz akts driven by data, dhatuz,[granted to it] in both world perception ,and world alteration **phaenomenon**.

